

An Hospitall for the diseased.

Wherein are to be found more excell-
lent and approved medicines, than

Emplaisters of special vertue,

as also notable potions of

humours, and other

concoctions

Both for the restitution

and the preserva-

tion of bodely

health.

Very necessarie and profitable for this
time of common plague and
mortalitie, and for other
times when occasion
shall require.

Gathered by T. C.

Ecclesiasticus. 38. 4.

The Lord hath created Medicine of
the earthe, and he that is wise will
not abhorre it.

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o all such Readers as haue
care of their bodilye health.

Howe prouident a Patrone, and bountifull a father,
the Lord of life is to vs unthankfull and rebelli-
ous children, his manifold benificences, doe testifie: Yea,
the continuance of his kindnesse is herein principa-
ly declared. For where as our owne naturall corrup-
tion, worketh daily in vs the banishment out of his fa-
uour, and the daunger of reprobation: He notwith-
standing, in consideration of our weakenesse, with-
draweth not his compassion from vs, but in all our ne-
cessities, reaching out his helping hand vnto vs, is most
readie (as he is alwayes able) to plucke vs out of the
pit of perdition, whereinto the hainousnesse of our
transgressions (as it were with a gable) haleth vs per-
force. O gracious God, how shall sinners worthily ad-
uaunce the excellencie of thy loue? Who shall giue
them an harte to conceiue thy kindnesse? Whence shall
they haue utterance to sound out thy mercie? Of them-
selues (because they are vessels of wrath) they can-
not compasse so perfect a worke: thou therefore which
art the perpetuall spring of all goodnesse, giue it them:
O giue it them, and they shall haue it: yea and in the
hauiug of it, they shall magnifie thy name, extoll thy
power, and meruaile at thy mercie. Where is one,
among thousand thousandes, that looking vppon the
Heauen, most gloriously beautified: vppon the earth,
most plentifully enriched: vppon the frame of his owne
bodie, most Angelically created: but shall of compulsi-
on acknowledge the omnipotencie of God, and, con-
fesse the vnmearurable greatnesse of his goodnesse and
loue towarde man? The Heauen, to maintaine life
and light: the Earth, to succour and sustaine nature:
all creatures liuing in lande or water, to supplie his
wantes.

wantes: nothing to be reckoned and named, which he
hath not most liberally given vnto man, as appointing
him Lord and soeraigne, but them bys vassalles and
seruantes. Against hunger, least thou shouldst fa-
mish, hee hath provided nourishment. Against thirst,
least thou shouldst perish, he hath ordained sauourie li-
quors. Against colde, least thou shouldst die in thy na-
kednesse, he hath given thee cloathing. And what
hath he done beside? Hath he not had speciall regard to
thy condition and estate? I meane to the health of thy
bodie, and to the safetie of thy soule: Yes, yes: and that
is evidently proued by the manifold remedies which
he hath prepared to restore thee to soundnes of lymme
and life: and by the free course of the pearle of his gos-
pell, which is the Jewell of all Christian ioy. In con-
sideration of these so many good graces of God, what
doth Christian duety require? (I speake to all, vnto
whose vew and censure this pzeface shal bee pzesen-
ted.) Let them take the sweete sacrifice of thankful-
nesse, and burne the same vppon the alter of an hum-
ble heart, that the redolent and perfumed incense of the
same ascending vp into heauen, may smel sweete in his
nostrilles, whose speciall delight is in such a burnt of-
fering and oblation. Thus much haue I saide by way
of aduertisement, vppon occasion of this pzeent booke,
whose benefits as they are diuerse, so are they singuler:
and in them all is Gods goodnesse highly commended.
Note my wordes, and then iudge of the value and wor-
thinnesse of the booke. Art thou diseased in thy heade? Art
thou greeued in thy heart? Art thou pained with ache?
Art thou tormented with a feuer? Art thou wounded?
Art thou troubled with any yzkesome soze? Doth thy
sight faile? Doth thy hearing ware weake? Doth thy
youth ware away? Doth age creepe on apace? Final-
ly, dost thou feele thy selfe infected with the poyson of
the plague & pestilence? Then delay no time, but with a

A y,

small

small price, buy a gemme worth golde, (this booke I
meane) whiche though it bee little in quantitie, yet
is it great in qualitie and vertue. Here (as in a cunning
Apothecaries shoppe) are receipts of sundrie sorts
prouided: where with the rage of any soze may be miti-
gated: the nipping smart of any blcere or wounde al-
swaged: the venome of any maladie expelled: and the
perfection of helth restored. Thus much in breefe, by
a souden blush iudge of the rest, esteeme it as it is, a
necessarie implement for any householder, yea
in the next degree to our dayly foode and
nourishment to be esteemed. Thanke
God for it, and vse it in thy neede.
Here thou hast succour to
serue thee in thy
sicknesse.

(:.)

Thus fare well in Christ, T, C,

An hospitall for the diseased.

I

A preseruatiue against the plague.



Lake a handfull of Sage, a handfull of herbe Grace, otherwise called Rewe, a handfull of Elder leaues, a handfull of redde Bramble leaues, & stampe them together, and streine them thorough a clothy with a quart of white Wine: then take a quantitie of Ginger and mingle with them altogether, and drinke thereof euening and morning, a sponesfull, ix. dayes together.

For the partie infected with the Plague.

If it do fortune one to be sicke of the Plague before he haue dronke the foresaid medicine, then take the water of Scabious a spoeful, water of Betany like much, and a quantitie of fine Treacle, put it together, and drinke it, and it will expell all the venom.

A medicine to breake the Botch.

If it fortune the Botch to appeare, then take Bramble leaues, Elder leaues, and Mustard seede, & stamp them al together, and then take of it and make a plaister and lay it to the soze, and it will drawe out all the venom.

B

Amedi-

An hospitall

A medicine for the Plague.

TAke three shippes of herbe Orace, and vi. spoonefulls of Viniger, and beat the same together, then straine the iuce out thereof, and put thereunto one ounce of fine Treacle, and one ounce of Sugar, and stirre it together, then set it ouer the fire, and make thereof a syrop, and put it in a bore close. Then take a Sage leafe, and euery morning fasting spread as much as a beane thereof vpon the same leafe, and so eate it. And if he that taketh it bee infected, it will driue it from his heart, and if the party that taketh it euening & morning be not infected it will p̄serue him xiiii. houres after.

A plaister to drawe the sore.

TAke one spoonefull of honie, the iuce of spurge, two spoonefulls and a halfe of wheaton flower, a good quantitie, and one spoonefull of Turpentine, and temper these together, without fire, and make of the same a plaister, & lay it to the sore, changing it at euery xiiii. houres.

A good medicine against the plague approued.

Amongst other excellent and approued medicines for y pestilence, there is none moze worthy & auailable when the sore doth appeare, then to take a Cock pullet or chicken, & let the fethers of the taile or highest parte bee plucked off til the rumpe bee bare, then hold the said bare of the pullet to the sore, and the pullet will gape

for the diseased.

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gape and labour for life, and in the end will die: then haue another pullet, and do the like to the patient, & if that die, yet still applie the patient with pullets, so long as any do die, for when the poyson by the said chickens is drawen forth by the said chickens that be offered therunto wil live, then the soze presently will swage and the partie forthwith recouereth, this medicine is necessarie to driue the venome from the heart.

A souereine drinke against
the pestilence.

Take one ounce of Sorrell water, and as much Dragon water, a drame of Treacle, and put thereto a drame and a halfe of powder imperial, and giue it to the patient with Ale within xiiii. houres after hee is infected, and hee shal with Gods grace escape and doe wel.

A plaister to drawe a hed to the fore of
the plague, and to breake it.

Take two Lyllye roots, one handfull of sowen dowe, two handfulls of Mallowes, one handfull of linseede, stampe all these together small, and boyle it in a quart of the lees of wine till it be thicke, then lay it an inche thicke vppon leather, broader then the soze, and let the borders of the lether be plastered with cordies ware, to make it cleane, it shall bring out the botch in xii. houres and breake it shortly.

A medicine that was taught king Henrie
the seuenth by his phisition a-
gainst the pestilence.

℞. ii.

Take

TAke halfe a handfull of Kewe, likewise of Mandragories, Fetherfewe, Sozrell, Burnet, and a quantitie of the croppes and rootes of Dragons, wash them cleane and seeth them with a soft fier in running water, from a pottle to a quart, and then straine them together through a cleane cloth, and if it be bitter, put therto a quantitie of Sugar Candie, or of other Sugar, & if this medicine be vsed befoze the purples doe arise, ye shalbe whole by Gods grace.

A medicine to be dronke, suspecting any to haue the plague.

TAke a great Onion, and the coze being taken out, fill the same full of good Treacle of Gene, and wrap the same in a paper, and rost it till it be soft, then straine the same with a little wine vineger, and being tempered with a quantitie of sugar, giue the patient to drinke two spoonefulles fasting, and if the patient bee infected with the plague, you shall perceiue the appearance thereof within five houres after the receipt of the same drinke.

Also for the vsual drinke of euerie patient being so infected.

TAke of Rosemarie the quantitie of eight or nyne croppes, then take of Marigoldes beeing browne within, of Burnet, & of Burrage euery one a handfull thereof, let them be sodd in a quarte of stale Ale clarified, then put into it a crust of breade, a little whole Mace, and a quantitie of Sugar, and let him drinke the same at al times during his sicknesse, and put Pimpernell in his broth.

Also

for the diseased.

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Also another drinke to be taken euery morning
for a preseruatiue against the Plague, and
for the auoyding of infection.

Take Sauerie the quantitie of a handfull, and boyle
the same in a quarte of good wine vinegar, with a
sponeful of Baynes being beaten, & put into the same:
then drinke the same with a quantitie of Sugar euery
morning fasting.

A good medicine against the plague.

Take of Betony water the quantitie of thzee spones
fulls, of good wine vinegar the quantitie of thzee
sponefulls, and the quantitie of a Nutmegg of good
Treacle of Gene, or els the quantitie of a Hasell Nut
of Metredatum, being all mixed together, take it in the
beginning of your sicknesse.

For the Plague.

Take in the morning fasting one drie Figge, one
Walnut, & foure or fve leaues of Kewe, chopped
altogether, and eate them, and afterwardes drinke a
cup of wine, if it be a Woman with child, leue out the
Kewe,

For the Plague.

Take an ounce of the leaues of Kewe, halfe an ounce
of good figgs, an ounce of Jeneper berries, two oun-
ces of Walnuts pycked, foure ounces of vinegar,
and a good quantitie of saffron, Stamp all the foresaide
things

B.iii.

things

things together, and reserue them in an earthen pot
or a glasse, fast stopped, that no aire issue out, whereof
if ye receiue in the morning vppon a kniues point the
quantitie of a Beane, or more, ye shalbe sure by the
grace of God not to be infected within foure and twen-
tie houres after.

A medicine for the Plague or leprosie.

TAke Verbe Grace, Southrenwood, Mugwort,
Wormewood, of eche a handfull: three or foure hand-
fulls of Ienepher berries, these which be blacke, cut and
shred the herbes smal, and put them in a flanders pip-
kine, and powder thereto foure quartes of good white
wine Vineger, & let them soke a seuen night if the herbes
be drie: if they be greene, let them soke not aboue xiiii.
houres, then put a handfull or two of those herbes
which be in the pipkine into the still, and then take out
a quarte of the same Vineger, and powze it into the
still vpon the herbes, and distil it with a pretie softe fire,
for two great a fire will wast it away, and so still it vn-
till you haue stilled all from the pipkine into the
stillatorie, and after this powze it into the pipkine
again, and put as many new & fresh herbes with so
many berries as you had before into the pipkin again,
& so let the soke one other seuen night, & then still them
again as you did before, and so the thirde time to be do-
sed with newe herbes, &c. in the same manner as be-
fore, and at the last time put foure ounces of Metreda-
tum into the pipkine amongst the herbes, or els five or
six ounces of Treacle in place of the Metredatum for
want thereof, and then beeing stilled as before, put
the same into a double glasse, and stoppe it, with a
peece of lether bounde about it, and if the partie be in-
fected

fecte, let him take thereof foure ounces at one time: and if neede be, you may giue him so much for two or three dayes as you see cause, and to a woman but two ounces, and to children according to their age, and as they be able to beare it: & so swett two or three houres or longer, if the partie may indure, and let one stande by allwayes to wipe their face, lest by putting out their handes they take colde &c. when all this is three times stilled it will not amount to above three or foure quartes.

An oyle for all manner of aches, bruses and
strainings of the Synewes.

Take a pottle *Pets feete* oyle, & a quart of an *Dr gall* a pint of *Aqua Vitæ*, a pint of rose water, *Bay leaues*, *Rosemarie* stripped from the stalkes: *Strawbury leaues*, roots, and stringes: *Lauender Cotten*, of euerie of these a handfull, beate them small, and put them into the foresaid stuffe, and seeth it ouer a fire of Coles in a pan of two gallons, and at your owne perill let not the flame touch the stuffe: let it seeth verie wel: & then take it off and let it stand vntill it be almost cold: then strain it through a course linnen cloth, but no the bottome of the said licour: then put it in a glasse and so keepe it, and when you are pained, annoint your greese with all,

For an ache.

Take *Aquacomposita* and the oyle of *Pets feete*, luke warme, and annoint the patient vppon the place of the grieve laying warme clothes thereon.

An hospitall

A medicine for an ache, or shrinking
king of Synewes,

TAke the tenderings of Rosemarie, & March, & Malloves, by as euen portions as you can gesse, gather your hearbes when they be drie from raine and dewe, pound them in a morter very smal, then take May butter well clarified, and put it to the hearbes, and mingle it in a vessell, and let it stand foure dayes, then set it ouer the fire, & let it seeth till the strength of the hearbes be gone, then take a litle of it in a spoone and let it drop vpon thy nayle, & if it bee greene as the Emerald, it is perfect: and then put it in an earthen pot, & when you will occupie it, you must warme it.

A medicine for an ache,

TAke Parsely, and Wormewood, of each a handfull, and seeth them in a quart of Ale, with a quantitie of sweete butter, and wash well the place therewith that acheth, and also binde the hearbs to the place as hot as ye may suffer it.

A proued oyntment for aches,

Sampe Smallage, and put to it Aqua Vita, and straine it, then put thereto Bozes grece, and styrre them wel together, and annoynt the patient befoze the fire therewith euening and morning.

A medicine for an ache in
any place,

Take

for the diseased.

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Take Solothistle, Chickweede, Elder leues, Groun-
sell, and Cleuers, of each a handfull, drie all these to-
gether betwene two tyles, and then lay these herbs to
the place where the grieve is, let the hearbs be washed
befoze they be dyled.

A meicine for aching sores.

Take Juice of Smallage, of Mozrell, of Maybzed, of
each of them like much, take Honie, and the white
of an Egge, of either like much, and mingle them to-
gether till it bee thicke, let it come nere no fire, but
all rawe and cold lay it to the soze.

For aches and swelling in the knees.

Take a quarte of Palmesey, and a handfull of time,
boyle them together, and when it is halfe boyled, put
in a good peece of swete butter, and let them boyle to-
gether from a quarte to a pinte, when you goe to bedde
bath your knees well therewith, and wet a cloth three
or foure times double therein, & lay it to your knees
as hot as you can suffer all night, and vse this vi. or vii.
times, and it will doubtlesse helpe you.

For a Sciatica or ache.

Take oyle of Rets fete, and Aquacomposita and
annoint the same place where the paine is, then
take wolfe newly plucked from the sheepes backe, and
lay thereon, and wrap it well with warme cloathes.

C,

Aplaster

An hospitall

A playster for an ache.

Take as much stone pitch to the value of a Tennis ball, and a sponesfull of Tarre, and a peniworth of Triacle, and Rosen, to the value of a Tennis ball, and a sponesfull of Hony, boyle it ouer the fire in a little Kettle, and stirre it altogether til it be well melted, then take a new shepes skinne, and make holes in it with a botkin, and spread the medicine on the fleshye side of the skinne, and lay it to the ache as hot as you may.

For an Ague.

Take Burre roots, and red Pettle crops, and seeth them in stale Ale, and clarifie it, and giue the sicke thereof to drinke about such time as the cold beginneth to come, & after the heat be past. When you see that he be gnieth to swee, giue him to drinke posset Ale, made with Marigold and Fenell, and see the posset Ale be wel clarified, vse this medicine, for it wil take away the Ague within thzee or foure sits at the vttermost.

A medicine against a hot feuer.

Take a handfull of Bay leaues, a handfull and more of red Sage, and seeth the same in a pottle of stale Ale to a quarte, and the same beeing strained, let the patient, being in bed, drinke thereof a good draught being warmed with a little Sugar an houre before he sit or come.

A good medicine for an ague be it quotidian or quarten.

Take

for the diseased.

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TAke of Smalage, and of fetherfelwe, of either of them the quantitie of a handfull, stampe them and straine them, and then take halfe so much as the iuce of the same is, of small Ale, and being mixt together, drinke it warme a little before the time that the fit shall come, that is to say when you perceine any grudging. This must be dronke thre senerall times, the patient going to bed and clothes ynough beeing layed vpon him.

A medicine for an Ague.

TAke Nettles, and Copwebbes, and Salt, and beate them in a wooden Dish, and lay it to the lefte Arme of the sicke, and it will take awaye the heats of the Ague.

For the Agne.

TAke Sote, and yolkes of Eggs, and bay Salt, and pepper, and mingle them together, and lay it to both the Arzelles, and it will take away the Agewe.

For your drinke in an Ague.

For your drinke, take Ale, and not strong, and vse it luke warme.

Drinke and potage in an
Ague.

MAke your potage, & posset ale, & Alms milk w these
herbs following, y is to say, Sinckfoile, succory,
C.ii, Bu

Buglosse, Cudine, Burrage, Sorrell, Lettice, and Fenell rootes, and Parsely rootes, great Reasons and Pewnes.

A medicine for the drought in
an Agewe.

Take a quantitie of Burrage, a quantitie of Sorrel, a certeine of Violet leaues, a certeine of Straburie leaues, seeth them in a pottell of faire running water to a quart, then straine the hearbes: then take Almons, and blanch them, beate them and straine them with the said water, and put Sugar therin, and drinke it warme.

A medicine for a quarten Ague and for
the drought,

Take a pottle of good red wine, and a pottle of newe Milke of a Cowe of one colour, take two or three good handfulls of Houle eare cleane picked and washed, stripe it into the Milke and Wine, and temper them together, and let them stande so one night, and put them a faire stil and still them with a softe fier, and take the water and put it in a faire glasse, and set it in the sunne fodre or five dayes, and let the sicke when he drieth in his Ague drinke thereof three or foure times, and he shalbe rid of his Ague, and this drinke shall quench his drought.

A medicine against the Quarten.

Take shel Snayles. two handfulls, bay salt, Malloes, of ech a handfull, beate these together, and lay

for the diseased.

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lay it to the soles of your feete before the quarten fit
doth come.

A medicine for the colde in
a feuer

TAke Camemel and Wormewood, and seeth them in
a quart of Ale till halfe be consumed, and giue it
the patient first and last.

A medicine against the hot Feuer.

TAke a pottle of stale Ale, and a bottome of a stale
white lofe, and a handfull of sinkfoyll, a handfull of
Camemel, Treacle, and Vineger of ech a spooneful,
a selue whole Maces, and Sugar Candie, as much as
they list, and seeth this vntill halfe bee consumed, and
streine it from the herbes, and giue it to the patient to
drinke, and none other drinke during his peate, and as
much thereof as he will, and it helpeth.

For the Ague.

TAke two or thre cloues of Garlike & bruse them,
and a peniworth of Aqua Vita, halfe a pint of Ale,
and seeth them together, and drinke it a little before the
fit come, as hot as you may.

Against the corrupt ayre.

TAke Betanie, Centorie, and Ezomonie, of ech a
handfull, and stampe them and straine them with
Ale and with a licozas stick brused, and then boyle it
and clarifie it, and make it pleasant with Sugar, and
C.iii, drinke

Drinke thereof euery morning bloude warme three
sponefulles, three or foure dayes.

To make a man haue an appetite
to his meate.

Sceth Centorie in faire clean water, and let the sicke
drinke it luke warme fasting three dayes, eche day,
nine sponefulles, and he shalbe hole, for this purifieth
the stomake and best also.

A good comfortable powder to digest well,
and many other good properties.

Take Bellitori of Spaine, Centary, Annis, Licozas,
Graines of Paradise, Ginger, Sinomum, of eche
like much beaten & searced into fine powder, and drinke
thereof morning and evening halfe a sponefull in
wine or Ale.

To make hypocras for a weak
stomake.

Take a pinte of Aqua vitæ and put it in a glasse, then
take two ounces of Sinamum, and one ounce of
Ginger, two peniworth of cloues, two peniworth of
Graines, one of Putnigges, and beate them altoge-
ther to grosse powder, & put them all into the glasse to
the Aqua Vitæ, and shake it euery day often, nine days
together, and then drinke it with wine or Ale halfe a
sponefull or a quarter, with halfe a pinte of Ale.

A medl-

A medicine to clense the backe and to
purge the raines.

TAke one Fenell roote, and two Parsely rootes, and
picke out the pitches of them, and take thereto one
handfull of Bellatorie of the Wall, and all these being
washed cleane, seeth in posset Ale, & drinke therof when
you goe to bed, and if you wake at midnight drinke you
also.

A medicine for paine in the backe,
and for the heate in the
backe.

TAke Rose water, and put thereto Saunders and
Rose leaues, and lay them in steepe in your Rose
water one whole night, then wash your backe with the
same, and it will take away the heate and greatly com-
fort the raines.

For paine in the backe.

TAke Sage, Rosemary, Cammemel, and Maudelyn,
of eche of them a handfull, then pounce them toge-
ther, and frie them in May Butter, and annoint your
backe with it warme.

A medicine for the raines of the backe.

TAke halfe an ounce of Turpentine of Venice, and
let it bee well washed in Plantine Water, or
Rose Water, and then mixe it with fine white
Sugar, and make thereof foure or five Balles,
which you must take three in a morning fasting
C.iiii. and

and daily, drinke a little white wine, or renish wine mediately after.

To driue out a paine or griping
in the bellie.

Take Sothernwood, and lay it against the place on the contrarie side where the tormēt is, and it will driue it out: and if it be laide to the nauell, it will driue away the paine.

For the biting of any venomous beast,

Take Plantine and drinke the iuce thereof, and take Plantine and Salidine, of ech life much, stampe them and temper them with stale pisse, and leye to the soze, and it wil aswage the swelling, and dralwe out the venom.

A medicine for the biting of a
mad Dogge.

Take a good handfull of Betany, and a handfull of wilde Sage, a handfull of night shade, & faire running water a pinte, the herbs being stamped and strained therewith, and put thereto a peniworth of Treacle, and giue it to the patient to drinke two or three morninges.

A medicine to stop bleding

Take Sentoze, grēne Kewe, and red Fenell, and stampe and straine them, and drinke them warmed.

A medi

for the diseased.

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A medicine to stop bleeding.

Take Burfa pastoris, Plantaine, and Ysop, of eche of them like much, and bruse them in a mortar, and warme them as hote as you can against the fire, & lay them to the nose of him that bleedeth, and binde some of the hearbes to his temples as hote as he can suffer them.

Another medicine for the same.

Take an olde cleane linnen cloth, and wet it well in Vineger, then burne it to powder: then take the powder thereof, and if it be a wounde cast it therein, and it will stoppe the bleeding immediatly: but if the nose bleed, then snuffe by the foresaid powder into the nose, and it will stint bleed.

Another for the same.

Take a Ronde and dry him in the Sunne berie dry, then put him in a linnen bagg, and hang him about your necke with a string, so lowe, that it may touche your brest on the left side nere vnto your heart, and commonly it stayeth all kind of bleeding at the mouth, nose, or wound.

Another to stop bloud.

If your nose do bleede vnmesurably, then tye your little finger berie hard vnder the lower ioynt, and for the most part it faileth not but stayeth the same.

For spitting of bloud.

D.

Take

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Take the iuce of Betony, and temper it with Goats milke, and giue the patient to drinke three dayes.

For the same,

Take Smalage, & Mints, Rue, & Betony, and seeth them well in good Milke, and sup it warme.

To stench bloud at the nose,

Take Betony, stampe it with a litle salt, as much as thou mayst take by with thy two fingers, and put it in thy nose.

To stench blond.

Take linnen cloth and burne it, and take the pouder, and put it in another cloth, and so laye it to the wound. Also take an herbe that is called Verpincle, and hold it betwene thy teeth, & thou shalt not bleede while thou holdest it there.

Good for the braine,

To smell the sauer of Musk, Camemell, to drinke Wine mesurably, or to eat Sage but not much, to kepe the hed warme, often washing of your hands, mesurable walking, mesurable sleeping, to heare little noyse of Musick, or singars, to eat Mustard, or Pepper, the sauer of red Roses, and to wash your temples with Rose water.

Ill for the braine,

for the diseased.

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ALL manner of braines, Clottony, Drunkenesse, late Suppers, to sleepe much after meate, corrupt ayres, anger, heauinesse of minde, to stand muche bare headed, to eat too much, or hastily, too much heat, too much watching, too much cold, Milke, Cheese, all manner of Puttes, much bathing, Unions, Garlik, & great noyse, or to smell to a white Rose.

For stopping in the brest.

Take Rne, and seeth it in Cysell, and so drinke it. Drinke Nettles seede brayed, and it shall boide grauell of the stone in the Raines of the backe.

For a stinking breath.

Take the seede of Coriander, and boyle it in white Rumney or Sacke, and therof drinke three spoonfuls in the morning and as much at euening, but that you drinke in the morning must be cold, and the other hote, but you must vse to take none excelle of meates, no, dringes, no, sit not late vpp, but rise early.

A medicine for a bruse in the Legg,
or Arme or els where.

Take Watercresses, and wash them cleane, and seeth them in fayre water till they be soft, then beat them small in a Morter and put them in a cleane panne, and put thereunto sweet suet, of Hart, Bucke, or Sheepe, and put thereto the lees of Wine, and Wheate bran, & frye altogether, and make a playster thereof, and lay it warme to the sore place, and so lay three or foure plaisters as neede shal require.

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Another

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Another plaister for a bruse, or
fore vnriped,

Take Otemeale grotes, and seeth them in sweete
Colwe milke, untill they be as thicke as pappe, and
put it into a panne, with a quantitie of sheepes fallow,
and boyle them well, and sturre them well, and then
make a plaister thereof, and lay it to the greefe as hot
as ye can suffer.

For a bruse or straine,

Take the groundes of Ale or Beere, & wheat branne
and Chickwæde, and lay it to the greefe thre or
foure times a day vpon a red cloth not to thinne,

For all bruses and aches in
the bones,

Take a good quantitie of Wallwort, and a certen of
Balme, and Smalage, and stampe them well, then
take a pound of may Butter, and temper them toge-
ther, then make them in round balles and let them lie
eight dayes after, and the stampe it againe, then frye
it and streine it, & so put it in an earthen pot, and this
will helpe the bruse though it be verie blacke.

A medecine for burning, scalding,
or hurt with an handgun.

Take tenne or twelue Eggs, as you will make the
quantitie of your Dyle, and let them be as new as
you may, and lay them in the fire, and rost them as
hard as you can, then take the yolkes, & chap them as
small

for the diseased.

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small as you can, and put them in an earthen pot, & set it ouer the fire, and take a sticke and sturre it, and let it boile, vntil you see it consumed in a maner to nothing: then take it from the fyre and set it in the ayre a quarter of an houre or more, and there will come an oyle thereof: then take a fether and annoint the grieve with the same oyle, and take Hartstongue leaues, and lay it vpon the grieve, and that wil gather the skin, then you may bind a cloth to it.

Another medicine for the same.

Take the donge of Cæse of one nightes making, and fresh butter unsalted, or els clarified sheepes selwet, & fry them in a frying panne a good time or season vntill your selwet be almost consumed, then put them in a clean course linnen cloth, & strein them into a small vessel: then take a fether, and dip it in the licour, & annoint the place burned or skalded, and when you haue so don, wet a fine linning cloth in the said licour, and couer the soze withal, and do this twise or thrise a day, and by Gods grace it shall helpe you.

For burning or skalding.

Take Mayden wort, stampe it, and seeth it in fresh Butter, and streine it, and annoint the patient.

To take away a heat, or burning
with gunpowder.

Take a good quantitie of Houlike, stamp it & wzing out the iuce, take the white of sixe eggs and beate them in a dish till they be thinne, and then take off the
D.iii. some

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An hospitall

scome, and put the rest together, and washe the sores with a linnin clothe, and lay the cloth alofte on the soze wet.

A medecine for burning, or skalding.

Take blacke Sope, or gray Sope, and lay it immediately to your soze.

For burning or skalding.

Take a good handfull of Quans, & as much of sheeps dounge, and so fry them in May butter, and streine it, and anoint the place with the same cold, twice a day, and annoint it first with gray or blake Sope, and it wil helpe, the syntment must be spread vppon a flaxen clout, if you can get it.

To make an ointment, for burning with
gunpouder, or scalding
with water.

Take a handfull of Barroes grece, and two handfulls of Grounsel, and two or thre handfulls of Houslike, and stampe the herbes together, then put to it newe sheeps dounge, ij. handfulls, of Goose dounge, ij. handfulls, and stampe them altogether, & being hot, straine them through a cloth into an earthen pot, and with the licour annoint the burned place.

An ointment for burning.

Take Plantine, Maybzed, Dayly, and the greene Barke of Elder, and greene Goose dounge, and Oyle Oliffe, stampe them together, and
wring

for the diseased.

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twyng them througħ a cloth, and bathe the hurt with a
fether.

For burning or skalding in what
place focuer it be.

Take the white of an Egg, and put it in a Pelwater
dish, and then laboꝝ it with an Allom stone, till it
be like a Posset crud: then take a fine peece of linnen
and wet it in Dyle Disse, oꝝ in some other Dyle: then
lay the said cloth vpon the soze, and aboue it lay the soze
said crud made of the white of an Egg, and that shall
draw out the fire, and heale the soze.

For burning or skalding.

Take foure Eggs, and rost them, and take out the
yolkes, and fry them in a panne softly vpon the im-
bers, till they be blacke, and therof will come an Dyle,
the which saue and put it in a gally pot, and vse it when
they haue neede.

A medicine for a burning, for lacke
of other things.

Take the beries of the Elder tree, and lay vnto the
soze and it helpeth.

Another medicine for the same.

Take Dyle Disse, and beate it with water till it
war very white, and annoint the place.

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An hospitall

For a burning with fire.

Take blacke TERNISSE, & all to annoint the place with a fether, and it will stay the heate, and heale it as fayre as euer did medicine, and so vse it till you be hole.

For a Cancar in a womans
Pappes.

Take Gose dirt, and Salendine, and Bray them well together and lay them to the soze pappe, it will cleanse the Cancar, slea the woymes, and heale the soze,

For the Cancar in the mouth.

Take the iuce of Plantine, Vinegar, and Water of Moles, and wash thy mouth withall, many times.

A Receipt to Kill a Cocke

Take a red Cocke, of thre or foure yeres olde, and kill him, and dresse him faire, & cut him in fower quarters, bruse the quarters, and picke out the fat out of the, then take half a handfull of red Spints, a handfull of Hartstongue, put them into the pot laste, halfe a pint of Water, and halfe a pint of Malmeley, five croppes of Flop, a roote of Parsely, a roote of Fenell, a roote of Endiffe, twenty Damaske Rones, twenty Reasons of the Sunne, foure Paces, & let it still twelue howres, and let the pot be couered with paste with a platter vnder it, and let the patient drinke it euery morning next his heart.

A medicine

for the diseased.

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A medicine for the collyck.

First take a handful of Rosemarie, as much of time, and as much of Ysop, an ounce of Cloues, & Mace, and seeth it in a pottle of white wine, and let it seeth til it be consumed to a quart: then put therein a little sugar, and drinke thereof luke warme when you feele your selfe pained, and when it is sodden as is befoze mencioned, you must burne it as you burne other wine.

For the collycke in the side.

TAke a small wooden dish, and put therein first cold ashes, then lay vpon them hote ymbers without great coles, and therebpon strew a good quantitie of Commin seede, and sprinckle it with Palmesey, and so do till the dishe be filled: then couer the dishe with a faire linnen cloth double, and lay it hote to your bare side where the collick lyeth, and vse this two or thre times and it will helpe you: and for lacke of Commin seede, take Red Sage, Camemel, Ysop, Tyme, Pennyroyall, of like quantitie, and vse it as the Commin seede befoze.

A medicine for the stone.

TAke Pellitorie that groweth on the wall, ground Ibie, Sarcfrage, Barcely, Auans, Mallo wes, & redde Pettles, Pepper, Cheruell, and Mouse eare, and boyle all these herbes, of euery of them a like quantitie in Whay, and clarify the Whay with the white of an egg, and drinke fasting of it a draught.

Another for the same.

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Take

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Take halfe a pennyworth of Parsely seede, as much of Radish seede being well dressed and brused, and seeth them all in a pint of white Mustard to half a pint, and then drinke it milke warme.

Another to breake the stone.

Take Hawthorne flowers, or for lacke of flowers take Hawes and distill them, the flowers in May, and the berries when they be ripe, take of this water thre spoonfulls and thre spoonfulls of Malmesey, & a quantitie of Ginger, and drinke it warme.

A medicine, not onely to breake the stone, but also clearely to purge you thereof, if you do vse the same dayly.

Take the roses of a Hopptrée, and pricked Holly leaues, and dry them in an ouen, and beat them severally into dry powder, then put them together being first seared, and of like quantitie: then put therto the powder of Crommel seede, and Broomseede, of like quantitie, being but halfe so much in quantitie as the powders aforesaid: and they being mixt altogether vse dayly a good spoonfull of the saide powder in a draught of Ale, beere, white wine, or Rensh wine, euening & morning: and besydes that, you may vse the same powder in brothes and pottages, the oftener the better: haue always in store a good quantitie of the said powder: you must keepe the same always dry, as in a Pipkin by the fyre syde or otherwise.

Another for the same.

Take Parsely, distill it and vse to drinke of the water in white wine or in good Ale, and it wil destroy the

the Stone, Collycke, Strangurie, and other passions in man or woman.

A medicine for the collycke or stiche.

Take the groundes of Malmeley, sheepes fallowe, Ribwort, red Sage, and Alysaunders, seeth all these together and make a plaister thereof, and lay it to the greese, and annoynt you with oyle Olyffe, & oyle of Balme mixed together.

For the collycke and stone.

Take Bellitorie, vnset Leekes & Malloves, of eche like quantitie, stampe them & put therunto a peniworth of fetes oyle, fry them well together in manner of a plaister, put them in a bagg of linnen cloth, and being verie hote, lay it to the belly, and it helpeth within an houre.

And for the stone, lay the same to the raynes of the backe behind, and it helpeth with speede.

For the collycke and stone.

Take halfe a pound of Time, as much Parsely roots and blades, halfe a pound of Alisander rootes, and seeth them altogether in a pottle of Ale untill it consume to a quart, and so drinke it fasting.

For the stone and for him that cannot pisse.

Take a quantitie of Time, Parsely, crops of Fenell, Sinckfoil, Alisaunders, of like quantitie, v. or vi. cloues of Garlike, stampe them altogether & straine
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them

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them with white wine or Ale, and drinke thereof first
and last warmed.

A speciall medicine proued for the stone,
collycke, dropsye, strangurie
and launders.

TAke of Seeney half an ounce, Ginger, Annis seede,
Liquoriz, Vases, nettle seedes, Beat, Saffron,
of eche two penie weight, Fenell seede, and spiknard,
of eche one penny weight, and three penny weight of
Synamum, make all these in powder, & drinke there-
of halfe a spoonefull at once in posset ale or in potage.

A goodly powder to helpe one that hath
Collica passio.

TAke Anniseedes, Fenelseedes, and Caraway
seedes, of euery of them halfe an ounce, Ginger,
Gallingall, and Synamum, of euery of them two
drammes, Cloues, Vases, and Cardam, of euery of
them halfe a dramme, Setwall, foure drammes, Su-
gar eyght ounces, make them altogether in powder.

For the stone or stopping of
the water.

TAke a pint of white wine, and therewith make a
posset, then take all the curdes away, and put in-
to the posset Ale two pennie weight of the scraping of
white Sope, and boyle it, then drinke it as warme as
you can.

A souereigne medicine for the stone and collyck,
and to breake them both,

Take

Take Parcelseeds, Bzomeseeds, Bzomelseed, Fenel-
seeds, Anniseeds, Plantineseedes, and Smallege
seedes, of euery of them a quarter of an ounce, and of
Putmeggs halfe an ounce, of Sugar tried, foure oun-
ces, and beate them altogether in a mortar, vntill they
be very fine, then searce the powder thzough a searce, &
vse to dzinke this powder euening and morning, thzee
dayes in a weeke with Wine oz other dzinke, luke
warne, and take of this powder at a time the quantitie
of a great Hasell Nutte, and if the paine be great, take
of the Dyle of Scorpion, with Dyle of Roses, and an-
oint your side where the paine is against the fyze.

A medicine to purge the bladder, of him
that cannot pisse.

Take Fenell, and the rootes of Allesanders, Parsely,
the leaues & the roots of Hartstongue, Paydeheare,
& seeth them in white Wine, and giue it the patient to
dzynke, and it shall purge the bladder in shozte
time.

For the same.

Take Rue, Bzommel, and Parsely, stampe them to-
gether & temper them with white wine, & giue it
the like to dzinke warme.

For him that cannot wel pisse.

Take a flint stone, and lay it in the fyze vntill it be
red hot, and therewith warme your Ale, & then
dzinke thereof,

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To prouoke vrin, and against the stone.

Take thre quarters of Ale, warme it well, let it bee scommmed thrice: then put to it a handfull of Time, a handfull of Rosemarie, and a handfull of Penroyal, and let them seeth together till one quarter be consumed or more, straine the herbes from the Ale, & drinke a draught of the Ale first and last warme.

To make one pisse.

Take a quarter of a handfull of Parsely, as much red Fenell, washe and threde them small, and put them in a cup of stale Ale and make a posset therewith, and drinke the Ale, and it helpeth.

For a man that pisseth bloud.

Take Ambros. a handfull, Bursa pastoris a handfull, Parsely seede a handfull, stampe them altogether, and giue the sicke to drinke in Goates milke.

To prouoke vrin.

Take a handfull of red nettle rootes, and seeth them in a quart of good Ale til it be consumed to a pint, and put thereto halfe a dishe of Butter, and let it bee cleane scommmed before the Butter be put in, and seeth in it Alisaunder seedes, Parsely seedes, Gromel seeds being beaten into fyne powder, and straine them through a fyne cloth, as much of the one as of the other, and drinke thereof first and last.

For the same.

Take

Take a quantitie of Blacke sope, and English Saffron, and temper them together colde, & lay it cold vpon your nauill being spread vpon a broad paper or red leather, and then lay vpon it linnen cloth of tenne or twelue foldes hote, and roll you with a towell, and so lye downe vpon your bed warme, and it will make you pisse within one houre.

A drinke for the windie collycke.

Take a quart of Malmesey, and two spoonefuls of the pith of Marsely rootes and a handful of Violet leues, and fyue Bay leues; seeth all these together vntill a pint, and drinke it morning and euening warme.

To take away Cornes.

Take Marygold stamped, and lay vpon the sore euening and morning and it profiteth. Or else, pare your cozne & lay thereto Turpentine & red wax boyled together, and make a plaister thereof and it helpeth.

To do away a Corne.

Take and cut away the cozne, and drop into it a drop or two of a blacke snayle, and put thereto the powder of Sandeser and it will do it away.

For the same.

Pare away your Corne as neere as you can, put into the hole vnleckt lyme as much as a flathe, and couer it with a plaister of ware and Rosen, and let it lye foure & twentie houres.

To make a water against a consumption.

Take

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Take a quart of Rose water, as much of Iron as milke, milke of Goates, of Mares, or of Cow milke, put vnto them xxx. yolkes of Eggs, well mingled together, and thereof still a water, whereof giue the patient to drinke warme first & last, with a cake of Manus Christi, made with Gold & Pearles.

For a consumption in the raines.

Take Clary leaues, and pricke them, & fry them with two or three yolkes of Eggs, and put thereunto Saffron dried vpon a Stone, and grind it small, & put all together, and fry them in fresh Butter, and eat it warme next your heart.

To make Ielly for one that is in
a consumption.

Take a legg of Meale, and cut away the fat, and a Capon or Cocke new killed, and skalde him and walhe him cleane, and let the Capon and the Meale lie in water, the space of three howres, and seeth them on the fyre with two pottels of fayre water, scome it cleane, & as the fat riseth take it off, and so let it seeth, till halfe the brothe be consumed: then put in a pottle of rackt Rhenishe Wine, if you haue it, or els a pottle of white Wine, and let it seeth altogether, vntill it consume to a quart, and clarifie it with thye or foure whits of Eggs, and let it runne through a Jelly bagge, and then set it on the fyre againe, & put in one pound of Sugar, & one ounce of Sinamum, grose beaten, and then let it run through a Jelly bagg, thye or foure times, & after let the patient drinke thereof warme.

for the diseased.

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An excellent medicine against the
extreme cough.

Take Fenell rootes cleane washed, Anniseedes, and
a little Liquoriz and seeth them altogether in whit
wine, and take the white wine & drinke a good draught
thereof when you go to bed, and the next morning, take
a Figge and a Date, and roste them and eat them some
what hote, and neyther eat nor drinke in two or three
houres after, and in two or three times drinking, it
shall help you.

A powder for the cough.

Take eyght peniweight of fine Ginger, and sirteene
peniweight of powder of Clecompane rootes, and
one ounce of the powder of Liquoriz, and two ounces
of the powder of Anniseedes, and three ounces of su-
gar Candy: mingle all these together, and vse to eat
it when you will at all times in the day, and you shall
finde ease therein, for this medicine is well proued.

Another for the cough, and to dry vp
the rewme and fleame

Take a handfull of Sage, a handfull of Bay salt dried
at the fire, a handfull of Commuin, a peniworth of
Cloues, and another of Maces, and beate all these and
mingle them together and put them into a linnen bag,
the length and bredth of a mans hand, and quilt it and
vse it hote vpon the molde of the head till you be eased,
warmed, morning & euening, and lay it to your molde
again.

For the rough of the lungs.

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TAke a pottle of running water, twentie figges, a quarterne of the best sugar, a good quantitie of Licoriz & Anniseedes, a penyworth of Maydenheare, a handfull of great raysons the stones picked out, & boyle them vnto a quarte, and so warme a little in a stone crewe and drinke thereof.

For the cough.

TAke Ylop, Horehound, sugar, and water, boyle them altogether til it come to a thinne syrop, and so vse to eat it euening and morning, and all other times when you thinke good.

A syrop for a cough.

TAke a pint of Ylop water, and halfe a pint of Rose water, and a good quantitie of Licoriz bzused, a great spoonefull of Anniseedes, halfe a pound of whit sugar Candy: let all these boyle together til it come to a cleere syrop, then put it in a faire glasse strained, and take this syrop at all times in the day or night when you list.

For the cough.

TAke a tolle of bread and make it hote, and put on sweete Sallet oyle on both sydes of it, and eat it euery morning and it will helpe you.

A remedie for the same.

TAke Barrowes or Bores greace, three or foure cloues of Garlike, and stampe them together, and warme and annoynt thy feete therewith at thy goyng to

for the diseased.

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to bed, and so keepe them hote with a tossed trencher
and warme clothes, and you shall recouir.

A medicine for the chinecough
for children.

Take Bores grece, and warme the soales of their
feete to the fyre, and chase them with the foresaide
Bores grece, and let them go to bed and keepe them
warme and lap clothes to their feete.

A medicine for the cough and
the wheesing.

Take a pound of sugar Candie somewhat finely bea-
ten, halfe a pound of Licoriz searced, and halfe a
pounde of Anniseedes searced, & an ounce of the pow-
der of Ginger, an ounce of Elicompane rootes made
into powder, and mingle these together, and take of the
same powder halfe a spoonefull at a time, when you
go to bed and when you rise in the morning.

For a cough.

Take Ilop, Licoriz, Bozehounde, a little of the
roote of Elicompane, great reasons, Figges, cut
in small peeces, and Anniseedes: boyle all these in
water, then strayne out the water and drinke it in the
morning fasting.

For the cough, and for stopping at the brest,
and to open the pipes, and to
auoide much cor-
ruption.

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TAke the roote of Clecompane, and the roote of Radish and shzed them thinne, and Beare wardens twise so much as of both the others, then put altogether into a newe earthen pot, then put thereunto clarified honye till it ouerflowe the saide ingredience, then couer the pot and paste it that no bzeath come out, & set it into an ouen, and let it bake with a batch of bread, & giue the sicke thereof a spoonefull at morning and another at night.

A fouereigne medicine for the cough of the lungs,
Master bakers medicine.

TAke three pints of running water, halfe a pound of Portingall Sugar, with nine Figges, and halfe a spoonefull of Anniseedes bzused, a handfull of raysons of the Sunne cleane washed hauing the stones picked out, a penyworth of Maydenheare: let all these boyle together untill the one halfe and more be boyled away, and then straine the lanie through a fine cloth, and euery morning drinke two spoonefulls of it luke warme, & you shall fynde present remedie.

For the Crampe.
TAke Hollyoke, oyle of Violets, & of Swines greace of eche like much, and make an oymntment, and annoynt the place.

An excellent salve for a cutt.

TAke two handfulls of Bugle which groweth mosse commonly in woods, and as much Valerian, bzuse them very small: then take a quātitie of Deers sewet, halfe

halfe so much vnwrought ware, so much of these two as the herbes may be boyled therein, then set it on the fyre, and when it is halfe boyled put in a quantitie of the best Turpentine that ye can get, then let it boyle till it be ynough, and all the whyle styre it wel, when it is boyled ynough strayne it through a cloth into a vessell, and so keepe it.

A salve for a newe cut that will not
leauē bleeding.

TAke the blades of vnset leekes and stamp them, and put thereunto hony and wheat flower and styre them well together untill they be thicke: let it come neere no fyre, but all colde lay it to the wounde and it will staunche the bleeding and drawe out the brysed blood, and make it cleane.

A medicine for deafenes in a mans head.

TAke a quart of Maluesey, a penyworth of Commin and viii. Betanie leaues that groweth on the land, then boyle all these together till the one halfe of the Maluesey be consumed: then take the pott that you boyle ydur medicine in as soone as the herbes be boyled and couer it with a tonell and binde it close about the verge that the heat come not out, then put a quill in the other ende of the tonell, then put the patients eare therunto so that the heate may goe close into the head, fyre the one and then the other, and whiles the heat is drining into the one eare you must stoppe the other with blacke woll, and you must haue hote cloths to keepe in the heate on the other syde of the head while that your medicine worketh: then serue the other

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care likewise . You must vse it threë times in the day, that is to say, in the morning, at noone, and at night, and so you must continue the space of threë days and threë nightes. See that the patient come not in any open ayre the space aforesaide, and you must put to your Malmesey a quarter of a pinte of cleare running water.

A good medicine for deafnesse, vsed
by Thomas Steeuens of
Bushtor.

TAke Bay berries, Bay leaues, Betany, and Sticks, of eche of them one handfull : seeth them in white wine to the halfe, and for an olde man in Malmesey, then put it in a vessell that hath a narrowe mouth, and holde your eare ouer it being vnstopped, so that you may suffer it being not too hote nor too cold, then take oyle of bitter Almonds, and let drop there of two or threë droppes into your eare, and alwayes haue a Locke of fine blacke woll that groweth betwene the sheepes legges, to stoppe close your eare therewith, wherein if you put a little muske, it will be the better.

A soueraine medicine for the paine and
huffing in the head, which
hindreth the hearing
verie much.

TAke one clove of Garlike, pill it, and picke threë or four holes in the middes, and dip it in fyne english hony and put it into your eare, and put a little blacke woll after, and lye vpon your other syde eche nyght, & so let it continue in your eare for p space of vii. or eight dayes,

for the diseased.

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dayes, and it wil expulse the humors at your nose, expell the paine and restore the hearing.

For the paine in the eare.

Take two handfulls of Sage, one handfull of Ysop, & halfe a handfull of Rosemarie, put these in a little pillowe boyled in Rose vineger, Aqua vitæ, and Rose water, and lay this to thine eare as hote as thou can suffer it.

An oyntment for a swelling.

Take a good quantitie of Smalage and Malloves, and put thereto two pounce of Bozes grece, one pound of butter, and oyle of Petes seete a quantitie, & stampe them well altogether, then fry them and straine them into an earthen vessell.

To make a drinke for an extreame
heat or drought.

Take a pottle of faire water, a handfull of Succorie, a handfull of Endive, a handfull of Violet leaues, a handfull of Burrage, halfe a handfull of Letice, two Fenell rootes, two Parsely rootes, put them all in your pottle of water and let them seeth from a pottle to a quarte, then take it off and put a little sugar to it, and let it haue two wallops more, then drinke of it as you list.

To make a dyet drinke.

First

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First, buy a dyet pot and fill him full of conduit water lacking a quart, then put to the water a quart of white wine and set him ouer a soft fyze of coales, then put therevnto a pound of Liquorice scraped and cut in small peeces, halfe a pound of Anniseedes bused, half a pound of Lign.vite bought at the turners, & an ounce of the barke of the same which you may haue at the poticaries, then let all these boyle together an houre & half so that one parte of the licour be boyled away: then take and straine it into a faire vessel and keepe it close, and drinke thereof fyrt & last a pzetie draught warme.

A water for the eyes.

TAke kindly Roche Alom white, a small quantitie of red Rose water, and the iuice of red Fenell, and the white of an Egg well beaten & take off the scomme of the Egge and beat them together, and then straine it through a fyne cloth, then dip your finger in the water, and let it drop into your eye.

Good for the sight.

ALL this is good for the sight: Redd Roses, Ueruein rootes, Fenell, Salendine, Pimpernell, Ocula christi, to washe your eyes with cleere water, or to looke vppon greene coulours, measurable sleepe, to looke in a faire glasse, often washing of your handes & feete, and it maketh your meate to digest well.

Ill for the sight.

TO studie after meat, Carlike, Unions, Leekes, Lettice, too sudden going after meat, & wines, hote or colde

for the diseased.

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cold ayre, drunkenness, gluttonie, milke, chæse, much
beholding of bright things, and as euil red thinges, as
white, much sleepe after meat, too much walking af-
ter meat, and too much letting bloud, cold woits, fire,
dust, too much weeping, and ouermuch watching.

A speciall good water for
the eyes.

Take a newe layde egge, and roost it hard, cut the shel
in the middelt and take out the yolke, and put in a
peece of white Copozas where as the yolke lay, & binde
the egg together againe: and let it ly in the yer untill
the Copozas be resolued to water: then take the white
out of the egg, and cut it in small peeces and put it in
to a glasse of running water, and let it stand awhile, &
straine it through a fyne clothe, and keepe it in a close
glasse, and presse the eye every morning and euening.

To kill the pinne and webb
in the eye.

Take a quantitie of three leaved grasse, as much red
fenell, as much rosemary, as much Wallpew, the
white of an egg beaten, and the froth taken away, and
halfe a spoonesfull of hony, and stampe all the hearbes
together, and then take the iuice thereof, and put ther
unto the white of the egg and the hony, and stirr them
together, and drupp the same into the eye of the pati-
ent: and then take a plattier of flaxe tow, and dip it in
the sayd medicine, and lay it upon the eye of the saide
patient, and binde it fast, and let it remaine so an hour
at euery time of dressing.

C.

Am

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Another for the same.

Take the leaues of Salenprie and stampe them and
 bre:ne them, and put one drop of the iuice of it in
 the eye, and it will helpe by Gods grace.

For the Web in the Eye if it
 bee olde.

Take the red Pimpernel, and Euphrasia and stampe
 them in a Morter, and then drie them with Capons
 grece in a cleane panne, and then wzing it thzough a
 cloth into a vessell of Brasse, and let it stande therein
 three dayes after, put it in a boxe of horne oz tinne, and
 take therof and put it in the Web of the eye, and this
 medicine is soueraigne,

A good medicine for the eyes being
 either Pearle or Web,

Take the leaues of Deyssie, and Chichwort alias Bur-
 sa pastoris, and the Chestlopper alias Willodliffe,
 stampe them together and straine them in a little good
 Ale, drinke of the same three seuerall moornings two
 howers before you rise and you shall haue ease, not
 withstanding your eyes will be sore, then wash your eyes
 with running water, and then drinke of your drinke
 two moornings againe, and you shall be whole and fynd
 great ease by Gods grace.

A Wa

for the diseased.

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A water comfortable for
the eye.

Take the iuice of Euphrasia, or els Water made of
it, for it is the best herbe that can bee for the eyes,
what way soeuer you take it.

For sore eyes.

Take Copozas and lay it in running Water, and
straine it, and when you goe to bed strike the breees
of your eyes with the same Water, and let it drope in
to your eyes.

For the same.

Take rotten Apples and still them, and with the wa-
ter thereof washe your eyes, and it will purge and
clease them, and cleare your sight.

A water verie comfortable for
the eye sight.

Take Rose-leaves, a greate handfull of red Jonell
and Merueine as much, of Kewee a handfull, of Sa-
lendine as much, and so still them together, and you
shall haue a good Water and comfortable for your
eyes.

A drinke for the eye
sight.

G. H.

Take

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An hospitall

Take a quantitie of Ibie that groweth bpō the Ashe,
a quantitie of the rootes and leaues of Dailies in
the feelde, a quantitie of Fenell, and a quantitie of
thzee leaved grasse, all these being washed clean, Stamp
them and Straine them with a pinte of stale Ale, and
Drinke thereof euening and morning, or at midnight
for a season.

A perfect water, verie good for
the eyesight.

Take Sage, Fenell, Wernaine, Betanie, Euphra-
sia, or Eyebright, Wimpernell, Sinckfoyle, and
herbe grace, and ley all these in white wine all night,
and then still them in a Stillatozie of glasse or ꝑc. and
this water is speciall good.

For the hemroides, and to dry
vp any sore.

Take the brode Pemphane leafe, commonly called
Canne leaues which growe in waters, wash them
cleane, put them in a paper & dry them in the ymbers,
and apply them as hote as may bee suffered, or make
them in powder and cast them into the soze and it hel-
peth.

For the same.

Take red woortes and seeth them in a pot: then take
the pot and set it vnder a close chayze, and sit ouer
it, and lay warme clothes about the chayze that no
ayze may go out, and so sit still ouer it till it be colde, &
then annoynt the members with the licour.

For

for the diseased.

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For the same.

Take a plate of lead and rubb thereon a quantitie of
Boxes grece for a man, and Wynges grece for a
woman, and washe it out with white wine, and an-
noynt the emeralde.

A medicine for a redd or high cou-
lored face.

Take vine leaues, Straburies, and cream, & put
ii d. of Camfer vnto it, and put it into a Stillato-
rie with the foresaid leaues and distill it, and take the
water thereof and wash your face therewith morning
and euening for a certeine space, and it wil take away
the high colour.

An other for the same.

Take Colocumbers and pare them cleane, and cut
them in slyces and still them, and with the water
that commeth of them washe your face dayly thre or
four times in the day, if you haue none of the water,
then take the Colocumber it selfe and pare him, and
rub your face therewith.

A medicine to destroy a heat in the face or
in any other place, though it
be Saint Anthonies
fyre,

Take a quart of Symthes water, a handfull of sage,
a handfull of Elder leaues, or of the greene barke,
a penyworth of Alom, and seeth them altogether from
Q.iii. a pottle

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a pottle to a pint, then put it in an earthen pot and anoint the patient.

For the Pymples in the face.

Take Wheate Flower, mingled with Vineger and bonie, and lay vpon them, and it will clense them.

Good for a Felon.

Take Sage, Kewe, Snaples, bay Salt, and Bacon, and beate them altogether, and then lay it to the felon and it shall helpe you.

For the same,

Take Verbe Grace, March, and white worts, rusty Bacon, a litle butter, a house Snaille, mingle them together, and make thereof a plaster.

A medicine for byles, feloncs, and yncomes.

Take Wheate Flower, Bores grece, May butter, and Sage, and stampe it together and make a plaster thereof and lay it to the byle or felon and it wil both ripe it and drawe it, and if it be fried it worketh the better.

To ripe byles, feloncs, or yncomes.

Take a pinte of sweete milke and set it ouer the fire, and put therevnto a quantite of Sheepes tallow small lized, and a handfull of two of Oremale lync
bea

beaten, and let all these seeth till it waxe very thicke so that ye may sprede it, bypon a faire linnen cloth, and lay it as warme as you can suffer to the soze, and it will quickly ripe him and breake him without greafe paine, then when it is broken lay a litle turpentine bypon a peece of lute to lather packed full of holes and it will drawe and heale it.

A Gargelle for fleame.

Take a quantitie of Good Water, and as much of hony Suckle water, a good spoonefull of mustard pure, a spoonefull of hony, two spoonefulles of Vineger, & a litle powder of Deper, two or three braunches of Rosemary, and the leaues of Sage, and put al these together and heate them bypon a chafing dish of Coles to the warme, and let the patient put a spooneful at once in his mouth and helde his heade bywardes and washe his throte therewith, and it shal make him boide much fleame, let him take thereof as ofte as he shal thinke good.

To breake the fleame and for the cough.

Take a pinte of stop water stilled; one quart of good Muscadine, three or foure good Rices of case Vineger, pare them cleane and cut them in slices, and twice so much Licorice, and pare it like wise, one good handfull of Sugar Candie grosse brused, put all the premisses together in a glasse, & shake them together and stop it close, and let it stande xiiii. houres, then drinke thereof at your pleasure.

Or,

To

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To breake fleame.

TAke Butter without salt, and hony, of eche a like quantitie, and a fewe butter Almondes : blaunche them and beate them fine, and eat a little euery day.

For the same.

TAke Smalage and seeth it in Vineger, then take the Vineger and waibe your brest withall, and then take the Smalage and put it in a cloth and bynde it to your stomacke thre houres.

For the same.

TAke Dozell, and stampe it and straine it, then take the iuice and temper it with olde Ale, and drinke a good quantitie in the morning before ye rse out of your bed, then take a sleepe after, & you shall deliuer fleame wonderfull to see for the quantitie.

A medicine for the Fluxe or Lax.

TAke egges and rost them harde, then take the yolkes of them and straine them with red wine, and put thereunto Dynamum, then seeth them together, and drinke it as hote as you may suffer it.

For the same.

TAke Wheat flower, and the yolkes of egges, with the iuice of Plantine, and make a cake of it, and bake it in an ouen, and eat it as hote as you can, and drinke

for the diseased.

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Drinke thereto red wine, or Kespice all hot, or else the
juice of plantine for it wyl bind him.

A Cawdle for the bloudie Flix.

Take a pint of red wyne, and the yolkes of five newe
leyed egges, a good quantitie of Sinamon and a lit-
tle Sugar, the pill of a pound Branat dreyed and bea-
ten to fine powder, a good quantitie, and boyle al these
in a fayre platter vppon a chaffing dishe of coles till it
be some what thicke, then let the patient eate of it
morning and euening, and as oft els in the day as his
Stomake will serue him thereto, and it shall stop him
be the flire neuer so great.

A singuler medicine for the blou- die Flix.

Take as much fine linnen cloth as wyl make a sup-
positarie beeing wrapped rounde together butt on
wile, then wet the same in the best Aqua Vita or A-
qua composita, and let the partie greued conuey the
same into the ir fundament and it wyl help them God
willing within thzee or foure dreslings, this is proued
and hath holpen many that hath beene brought verie
lowe and iudged past cure.

Another for the same.

Take a peece of Allom as much as a Walnut, put it
in a pinte of newe mylke, and seeth it on the fyre
till the milke turne to a curde, then take off the curde
as you doe of the posset Ale, then take the liquor that
remayneth

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remaineth and put vnto it a good quantitie of the powder of the pill of a Pouugranat and Syoniam fyne beaten, and let them drinke it and it wyl stop them, and if they eate of the curte they shal bee stayed the sooner.

For the blodie fluxe,

Take Almonds skinned and all, and stamp them small, and take the water of husked Barly sodden, and make thereof milke, and put therein skinned and froz ches of Poundgranats being stamped to powder with a little Sugar, and so eate the same euery morning and euening, and put gaddes of Steele that hath bene made red hot in the fire into their drinke.

To stop the blodie fluxe,

Take a quart of Beanes dyled ouer the fire, so that they may make powder of them, then bruse them in a mortar vntill small and bulke them, and take a quart of good Ale and a quantitie of flower, and so seeth them both together, and let the patient eate thereof at night as hot as may be suffered.

For the blodie fluxe,

Take a pinte of running water and a pinte of warme Milke as it cometh from the Cowe and put them together, then put three or foure flint stones in the fire, and when they bee red hot quench them in that lycour, then put them in the fire againe, and quench them againe three or foure tymes therein, till the lycour

for the diseased.

your bee halfe consumed, and let the partie drinke of it warme.

A medicine for the falling of
the fundament.

Take red nettles, bray them wel, and put them in an earthen pot, and put thereunto a good portion of white wine, and seeth it till the halfe bee wasted, and giue it the sicke to drinke fyre and last alwayes warme and lay the herbes to the fundament as hot as ye can suffer it.

A plaister to heale a goutie legge,
wound or sore whatso-
euer.

Take a handfull of Mallowe leaues, and another of
Counsell, put them in a possenet with faire wa-
ter and let them boyle till they be sodden so tender that
ye may make a plaister of them, then put the licoure
from the herbes and straine them through a strainer
vpon a platter, and set the platter vpon a chafing
dish of Coles, then put thereunto a quantitie of deere
sewe, or sheepe sewe clarified, & braynought ware,
Sallet oyle, Turpentine, and Rosin, let al them boyle
vpon a chafing dish of coles untill they be thicke: then
straine all the said stufte through a linnen cloth into
the vessell that you will keepe your salve in, and so let
it stande untill it be colde, then vse the same being
spread vpon a cloth, and you shall finde ease by Gods
grace, and helpe.

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An hospitall

A Plaister for the gowt or ache in the ioyntes,
where with the Lorde Rich was cured
when al Surgions thought him
to bee vncura-
ble.

Take halfe a pounce of unwrought Waxe, halfe a pounce of Rosen, an ounce of Olibanū, a quarter of a pounce of fine lytarge of Golde, three quarters of a pound of white lead all beaten to powder, and searce it through a searcer, and take a pinte of oyle of Peates seete, and set it on the fire in a small vessell, with the Wax & Rosen, and when it is molten, then put thereto the other powders and sturre it fast with a sticke, & then put a little of it vppon a pewter salucer, and if it be harde being so tried on the pewter salucer, then take it from the fire and annoynt a faire boorde with some of your oyle of Peates seete, & as you may handle it for heate, worke it as it were Carriers ware, & make it in great roles, and make plaisters of it with a chaffing dish of coles, and spreade it thinne vpon a linnen cloth, or leather and lay the plaister warme where the paine is, and to renew it morning and evening vntill you be hole, or till the ache be driuen to some other ioynt, & then take the plaister and lay where the ache is, and beware of colde and hot wyndes.

A medicine for the gowt.

Take foure handfulls of Catallwort, and one handfull of Dozehound, and bray them in a mortar, and put their iuice to one pinte of Swynes grece, and boyle them on the fire the space of halfe an hower, then strein it

for the diseased.

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it faire, for it is good for all cold gowts in the armes legges or fete, and for all greeffes in the bones that cometh of colde.

A drink for the gowt festered.

Take a quantitie of Archangel, Betony, Meruein, of ech like much, and boyle them in wyne, and let the sicke person drinke thereof first and last and it helpeth.

A plaister for the same.

Take a satocer ful of the iuice of Smalage, an other of Wormwood, hony, salt, and vineger, and meddle them well together, and doe there to a quantitie of Rie flower, sturre them fast together and boyle them and make a plaister in a cloth, and lay to the soze, use the drinke aforesaide and the plaister and it wyll helpe by Gods grace.

Good for the heart.

Saffrone, Burrage, muske, Cloues, Calingall, Nutmegges, the red rose, Violets, Sugar, Maces, best of all.

Ill for the heart.

Beanes, Pease, Leeks, Carlicke, Unions, sadnes, anger, dyed, too much frauell, to drinke colde water after frauell, and euill thynge.

A medicine for the passion at the heart
called tremor cordis.

V.ii.

Take

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TAke the powder of Burrage flowers, the powder of Nutmegges, white Amber likewise in powder, the bone in a Stagges heart, the powder of Sinomum all these powders drink luke warme with Beare, Ale, or wine euening and morning, and the partie grieved shall fynde ease. These things must be proportioned by good aduise.

A medicine for a continuall
head ache.

TAke Betanie water, and take a cloth three or foure double and but three fingers broad, wet it well in the Betanie water and lay it to your forehead colde. Let the cloth being wet come round about the head, & tye it fast, and in three or foure times thus doing, it will heale thee: and when the cloth is dzyed wett it againe.

A medicine to clense or purge the head.

TAke Bellitorie of Spaine, and chewe the roote in your mouth iii. dayes at times, and it shal do away the ache and fasten the teeth in the gummies.

A medicie for paine in
the head.

TAke a Rose cake, cut it in the length and bredth of the forehead, then take Rosewater and vineger of like quantitie and as hote as ye may suffer it, lay to the forehead.

A medicine for winde in the head,

Take

for the diseased.

TAke a handfull of flowers of Camemell, and halfe a handfull of powder of Commin, and mingle them together, and make two bagges of the bredth of your eares and lay them therevnto.

For the headache.

TAke the iuice of Kewe, and put it in the nosthrels, for it getteth out the fleame and clenseth the brayne: the herbe sodden in wine both the same.

For the megrim or head ache.

TAke foure or fīue Nutmegs, and pare & slice them as you would pare and slice Ginger thīnne, then make two little bagges of linnen cloth, of the length of your finger, & put in the Nutmegs, then take a quantitie of pure red Rosewater and lay your bagges in the same water in a dishe, vpon a chafing dishe of coles and make them hot & lay them to the temples of your head.

A medicine for the megrim truely
proued.

TAke halfe an ounce of Pepper, two Nutmegs, half a quarter of an ounce of Graines, one pint of vinegar, and a handfull of Rosemarie, and boyle all together betwixt two platters vpon a chafing dish of coles, and then take a cloth and put it ouer your head, & holde your head close ouer it till it bee boyled welneere all a day, and by gods grace it helpeth.

For

An hospitall

For the megrime.

Take fyue leaued grasse, and Mozrell that is called Saint Marye herbe, euen porcions of these two, and Betonye as much as of both the other, and beate all these in a moztar, and take the iuyce of them, and put to the same ioyce as much May butter as the quantity of the iuyce, and thereof make an oymntment, and annoynt therewith the patients browes when hee goeth to bed.

An other for the same.

Take bole Armonacke, Sanguis Dragonis, and tera Terrasigillat, of ech like quantitie, & beate them in powder, then to make a plaister take flaxe and lay it vppon a russet paper as broade as you wyll haue your plaister, and take the cleare of an Egge and lay it vppon the flax, then take the foresaide powder and cast it on that side of the plaister that shal lye next your head, and put one fold of russet paper or else of linnen betweene your heade and the medicyne, or els it wyll cleue verve sore to the heare of your head, and thys medicine is sure and well proued.

A good medicine for the megrime
in the head.

Take Leather vnallamed so broad as your forehead and in length from temple to temple, rase the same lether but not throughe, there vpon lay the oyle of the white of an Egge, then take of the poticaries Sanguis Dragonis, beate it into powder, and scatter the
same

for the diseased.

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Take vppon the oyle thinly, and this done lay it vppon the forehead, not taking it away till it bee readie to fall away of it selfe.

A medicine for the blacke Ianders.

Take wheaten strawe, and lay it abroad vppon a faire flower in a close house, and put in Geese and watch when they donng and take it vp hole, and with a knife scrape of the white that is about the donng till you haue a quantitie thereof, then drie it in an oven and make powder thereof and drinke it morning and euening in Ale warmed, and that will Cure both the blacke and yealow Ianders.

An other medicine for the blacke Ianders.

Take the herbe Ambros, Betony, Bugwort, of ech of them a handefull, of Scutellary halfe a handefull, and three or foure docke roots cleane washed and scraped, and stamp all these together in a mortar, till they be indifferent small beaten, then take Spicknel, Truheracke and Galygane, of ech of them like quantitie and stampe them likewise in a mortar, then put the herbes in a cleane linnen cloth by themselves, and the spices by themselves, and tye them fast with stringes and hange them in a galle. or two of Ale when it is new and reple to be turned, after three or foure dayes drinke euery morning next your hart a good draught thereof, and drinke or eate nothing two or three howers after, and doe so likewise when you goe to bed, and no doubt, by Gods grace it will helpe you.

I,

For

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An hospitall

For the blacke Ianders, M. Antony
Cox prisoner.

Take the gall of a Rauen and drie it, and grate it in
to powder, take a quantitie in a Spoon and temper
the same with beere or Ale together and drinke it fast-
ing in the morning.

A medicine for the Yelowe Ianders.

Take a handefull of red Pettie croppes, and seeth
them in a pint of Ale, & drinke the same being strai-
ned three or foure dayes together.

Another for the same.

Take hard Spanish Soap, a little stale Ale in a cupp,
and rub the Soap against the cuppe botome till the
Ale be whit, & shauie in Iuerie, and let the patient drinke
thereof first and last till he be whole.

For the same.

Take Salentine leaues and put them in your bosem
next your feete.

A medicine for the Yelowe Ianders.

Take a bigge Apple and cut the toppe so as it may
cover the Apple againe, and take out the coze and
put into it some sweete butter, and a good deale of
Turmerack, & a pretie quantitie of english Saffron,
and rost it verie tender, and let the sicke person eate of
it iii. or foure mornings together, or more if neede be.

For

for the diseased.

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For the same,

Take a quart of white wine, a greete handefull of Salentine leaues, and boyle them to a pint: but in winter, take the rootes and drinke therof euening and morning warme.

For the Yuella,

Take bay salt, Otes, and Comptin, and dyle al these, and make two bagges thereof, and as hot as may be suffred lay them one after another to the powle or crowne of the heade, and so vse it a good while.

For the same.

Take sharpe leuen, and bay salt vpon it cold, and put it to the yuella and it will helpe.

A verie good medicine for an itch.

Take Docke roots, and beate them and bruse them, and frie them with fresh Butter, and annoint the patient with the salve and in v. or vi. times dressing it will helpe you.

To make one seeme young long, to purge the winde, and cleare the sight.

Make powder of Fenell, Annise, and Elicompane, and temper them with Aqua Vita, and dyle them againe, and eate a quantitie therof euening and morning.

Lii.

To

4304

To make a whey laxatiue.

Take a pinte and a halfe of clarified whey, halfe an ounce of Seehy, a grote worth of Anniseeds, halfe a handfull of Hoppes, Barrage, Buglas, of eche halfe a handfull, and a little Fumetorie, and seeth all these in clarified whey untill it be halfe consumed, and drinke it two mornings.

A good plaister for festred legges that haue ben long sore.

Take Marsh, and wilde Tansie, Plantine, and the great Pozrell, hony, and the white of an egge, and milke of a Cowe that is of one coloure, and Barly Flower, and thicke all these together and bray the herbes in a mortar, and after that mingle the rest with the herbes.

For the stopping in the Liuer.

Take the broth of a chicken, of Mercurie, e Succory halfe a handfull, and a fewe greake reasons e picke out the stones, and let all these boyle together, then take a fewe bitter Almondes and blanch them and beate them, and with the same likour make Almones milke, and so vs to drinke it euerie morning first.

Another for the same.

Take Madder rootes, boyle them in halfe a pinte of Ale, and let it seeth to a draught, and let him drinke it in the morning fasting twice in a weeke,

For

For the same.

Take Turpentine of Venice, to the quantitie of a Beane, and put it into a spoone and hold it ouer the fire till it do melt, then put thereto a little white Sugar, and let them eate it euerie day fasting.

For the same.

Take great greene Capers, and lay them in Wargeis five or sixe dayes, and then wring them out of the Wargeis, and put a pretie quantitie thereof into a saucer, & put vnto them syzrop of Vineger, & eate them an houre befoze dinner, and an houre befoze supper.

For heate in the Liuer or drynesse
in the handes.

Take a quantitie of Straburie water skiled, seeth therein a quantitie of Liuerwort, and drinke it with as much sirrop of Mints.

For the heate of the Liuer.

Take Saunders, and good strong vinegar, and heate them hot, then take scarlet in graine and dipp it in the same and so lay it to the spoone of the best on the right side.

For the Plurisie.

Take Brookelime, Schoepes selwet, and a little faire water, and fric them together in a frying pan, and make thereof a plaister, and lay to the patientes side, and it will drawe out the corruption.

I.iii.

For

An hospitall

For the pluresie or stich.

TAke Aqua Vita, and Capons grece, boile them together and dippe therein blacke wooll, and lay it hot to the stomake, and that will ease the stich.

For the Longs.

TAke the longs of a ffore and drie it to powder, and put a quarter of a spooneful in a little Almon milk, or broth, and eat it, and it is verie good to pzeferue the longs.

For the pricking of a thorne or reedle
in a roynt, and the hole be stop
ped againe.

TAke fine bolted flower of wheat, and temper it with white wine, and boyle it together untill it bea thicke, and lay it on the soze as hot as hee may suffer it, & that shal open the hole and drayne out the venom or filth & seale the aching, and heale & close it vp againe, & for lacke of white Wine, ye may take Ale or Beere, and this medicine is good to heale a byle, whitlo, or buncome.

An easie purgation.

TAke a pinte of white wine, and one ounce of Seene and a good handfull of reasons of the Sunne, the stons being taken out, and halfe a spoonefull of Anniseeds, put all these into the saide white wine a whole night, and the next morning boile it to a draught, and so let the person drinke it bloude warme, and if
you

for the diseased.

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you will, you may put thereunto three or foure roots of Polipodium of the Dike.

An easie purgacion.

Take two pound of Figges, and put them in a gallon of fine wort of Barly malt, put thereto two ounces of the powder of Licoriz, and an ounce of Sugar: when the Figges are boyled bray them small in a mortar, and drawe them through a strainer, and let it boile againe, and cast thereto a pinte of the best oyle of Oliffe, when it is wel cooled, an ounce of reasons, of corraus and eate this with light bread.

A plaister to be layed to the side that the Melt is in.

Take a good quantitie of newe wheate branne, as much Anniseeds, and beate them small in a mortar, then in a pan mingle them with Vineger vpon the fire till it be like a plaister, then put it in a linnen bagge of two handfules long, and one handfull broad, and make it thinne, and warme lay it to the side where the Melt is, and rol it fast, and in the morning take it away, and then wash the side with his owne water and drie it againe, vse this three or foure nights.

For the Morpewea.

Take and drinke Elder water ix. dayes, three spoonfulls, and euery day looke that ye swette, then take three or foure Dike apples, & lay them in white vinegar xiiii. houres, and then washe the bodie with the vinegar and it helpeth.

Ame

A medicinie for the Morpewe.

TAke the iuice of Salendine, & mingle it with powder of Byimelstone, and lay it where the Morpewe is all colde.

For the Morpewe whit or blacke.

TAke Betanie, Harstonge, Sage, Plantine, red Fenell, water cresses, of euery of them one handfull, of herbe Benet halfe a handfull, of the leaues of Merueine an ounce, and still these, and drinke euerie day fasting thereof foure spoonefulls, and walke an houre after vppon it.

A water to cense the mouth and to fasten the teeth.

TAke Sage, and Woodbine leaues, of eche a handfull, a good spoonefull of hony, a peece of Alkam as bigge as a good Walnut, boyle all these together in a quart of running water to a pinte, and wash the mouth with this water luke warme iii. or iiii. times in the day.

For to destroy a ringworme.

TAke a red Docke roote, and let the roote bee pared, and when it is pared lay it in Vineger till it be well steeped, and then rub it wel vpon the ringwozme, and if it be very ranke, take powder of Byimelstone, and lay it in the Vineger and temper them well together, and then rub well the ringwozme withall, and it shall destroy it.

A me-

for the diseased.

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A medicine to kill a tetter, ring worme
or any kinde of itch

Take sallet oyle, and salt, tempered together, and be-
ing luke warme annoint the sores.

A restorative, which diuers noble men haue
vsed, and it hath prolonged
their life.

They tooke a pound of cap Dates, cleane picked, and
the stones taken out, and caused them to be sodden
in a pint of Muscadine till the wine were some deale
consumed, and kept it in a glasse, and thereof did put in
their potage three or foure spoonefulls at once when
they did eate any broth, euery mete.

To heale the vessell wherein nature
lieth if it be broken.

Take the huskes, or Ladels of Acornes dried and
beaten to powder, take a spoonefull and drinke it
in the morning with a little warme Ale, and lie in
your bed an hour or two after.

For the palsey.

Take a handfull of Sage, a handfull of Sotthernwood
a handfull of Spike, a handfull of Lauender, a gal-
len of running water, and boyle all these together till
it come to a pinte and a halfe, then straine it and put it
out into a stone cruse, and take euery time thereof,
three or foure or five spoonefulls in a saucer luke
warne and gargell it in your mouth too and fro, and
after

after spit it out, and in like manner put foure or five
spoonefulles in a saucer luke warme, and so chafe that
parte of the bodye that is pained with the palsey with a
sponge dipped in the saide water.

Another for the same.

Take powder of Pepper, and powder of Bellatoye
of Spaine, and powder of Rue, of ech an ounce, and
powder of Sage two ounces, and vse this powder in
thy potage.

For lamenesse in the side com-
ming by palsey.

Make a bath of Sage and Isop, and boyle a greates
quantitie of them together in running water, and
bath the side that is soze with it, and binde the herbes
to it, as hot as you may well suffer it.

A medicine, verie good, specially for those
that be taken with the palsey, though
not the shaking palsey.

Take the bloud of a For, warme as it commeth from
the For, the bloud about the hart is best, but all the
rest is good, and with this bloude, all to chafe the place
that is taken, and then take the skynne of the For
and put the rawe side next where the palsey is, and it
must lye to it at the lest xii. houres, and in the meane
time, till you can get a For, chafe the numbed place
with oyle of Oliffe, Aqua composita: this medicine of the
For is speciall good for the palsey, and hath beene well
proued.

A me-

A medicine for the Palsey thattaketh
away the speeche.

Take Sage leaues, and Primrose leaues, and if it
be winter take Primrose rootes, and then beate
the Sage, and the Primrose leaues together, of eche
like much, and straine it with stale Ale, and giue it to
the sicke to drinke a good quantitie, this is well pro-
ued.

For the same.

Take Sage, and drie it betweene two warme tyles,
and lay it to the nape of the necke, and binde it to
the wrests of both the armes, then take a Putmegge,
and slice it thinne, and lay one slice aboue the tongue,
and another vnder the tongue, and so vse it as often as
you will, and by the grace of God it shal do much good,
the necke and wrest to be noynted with oyle of Speeke,
or water of Speeke.

A medicine for the Palsey.

Take Lauender, Speeke, and Sage, and still them,
and drinke thereof a good quantitie every mo-
ning, being warme, either in Ale, or otherwise. Take
also Sage, and Betanie, and put them betweene two
dishes, vpon a chaffindish of coles, and sprinkle them
with good Mahnesey, and so applie them warme to the
nape of the necke and the wrestes of the hands.

A medicine for the Piles.

Take the beards of the beades of vnset Leeks, & wash
them cleane, and take a quantity of running water,

℞.ii.

and

and seeth them therein till they bee some what tender, then drie them well in a linnen cloth, stampe them as small as you can, then take a good peece of fresh butter and boile them therein, vpon a chafingdish of coles, and put in a good quantitie of english Saffron, and boyle them together, and when it is well boyled, straine it through a faire cloth into a glasse, and keepe it, and when you will occupie it, and make a plaister thereof vpon a linnen cloth, and lay it colde to the grieve.

To stanch bleding of the piles.

Drinke the iuice of Millesoile, for that is proued, also doe thereunto the powder of burnt Garlike & the piles shall die.

To destroy the piles.

Take oyle of roses, and Frankensence, and Honey and make an oyntment of them, and put it in with the finger into the fundament, and put thereunto Pirre, and often annoint the fundament therewith, and let the hēth thereof goe vp into the fundament.

A true medicine for the piles.

Take blacke Woolle, and blacke Sope, and binde it thereto.

To make a salve to bring woundes that rancle
and lake into their owne kinde, and
seace the burning and
aching.

Take

for the diseased.

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Take the iuice of smalledge, and of Plantine like much, take Honie & the white of an egge like much, and put to them bulted flower of Wheat, and stir them wel together untill they be thicke, and let it come neere no fire, but all cold and rawe, lay it to the soze, and it shall cleanse the wound and cease the aching and bring it to his kinde and heale the wounde faire, for this is a principall salue.

For a wound that is ouer healed,
and sore vnderneath.

Take Barly meale, the white of an egge, and Hony and meddle them together, and make a plaister therewith and applie it to the soze, and it helpeth.

A plaister for a greene wound.

Take flower and milke, and seeth them together till it be thicke, then take the white of an egge and beat them together, & lay it to the wound, and it will keepe it from ranckling.

To make Milonettret to cure any green wound
or Vncome, or others, whatsoeuer they be.

First take two pound o Rosom, halfe a pound of war halfe a pounce of Frankinsence, a quarterne of a pounce of Sheepes sewet clarified, put them into a faire pan, then take a pottle of the iuice of Willonet, boile this foresaid stuffe with a soft fire till they be molten, and stirre them a pretie while, then put thereunto the iuice of your Willonet and stirre them till they bee cold, and let them stand a day or two, then put it againe with a soft fire, and when it is molten, put thereunto a pint of red Wine and stir it till it be cold that you may

℞.iii.

℥.viii.

An hospitall

Dozke it with your hande, and make it up in roles.

A water to cure all manner woundes, and sores, be they neuer so sore and stinking, all manner of cankers in the nose, mouth, throte, or wheresoeuer.

Take a handfull of red Sage, a handfull of Salendine, and as much of Woodbine flowers, with the leaues, take a gallon of running water, & put the herbes in it, & let them boyle to a pottle, then straine them throught a strainer, and take the licour and set it ouer the fire againe, then put therunto a pint of english Hony, a good handfull of roch Alom, finely beaten, a peniworth of Gzaines, grosely bznsed, and let them boyle all together iii. or iiij. walmes, and then let the scoome be taken off with a fether, and when it is colde, put it in an earthen pot or bottle, so as it may be kept close, and for a greene wound, take of thinnest of the same water, & for an olde soze of the thickest, the water being first wel shaken together: & after that you haue clensted the old soze with white wine, take a quantitie of fine lint, and the same being well wet in the said water, do you therewith often times bath your wounde, and with the saide lint in the end couer the wounde, and if there be any holes in the said wound, fil them with lint, made tent wise, and so after couer the whole wound with a peece of a bladder, the moze better to continue your lint in moisture, dresse your wounde twice a day, in the morning and in the euening, and it helpeth.

Doctor Steeuens water.

Take a gallon of good Gascoine wine, then take ginger, Gallingale, Sinamum, Nutmegges, Gzaines, Cloues, ~~Peppercorne~~ seedes, Fenel seede, Sarawe seede, of eury of these like much, that is to say a dram, then take Sage, Pines, red Roses, Lime Pelitozie, Rosemary, wild

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